

DIXON SENIOR CALENDAR

NOVEMBER 2025

SENIOR/MULTI-USE CENTER

201 S. FIFTH STREET DIXON, CA 95620

HOURS: MONDAY - FRIDAY, 9 A.M. - 2:30 P.M.

OFFICE PHONE: (707)678-7022



CHAIR YOGA CLASS

Mondays & Wednesdays

No class until Nov. 12

10:30 - 11:30 am

First Class is FREE

10 Class Pass - \$95

5 Class Pass - \$50

The instructor is

Yae Kuroda.

Participants may sit in a
chair or stand.



READI-RIDE HOLIDAY LIGHTS TOUR

Friday, December 12

At 6:00 pm

\$2 per rider

Sign-up at the Senior
Center by
Friday, December 5



*The Senior Multi-Use
Center will be closed
Tuesday, November 11,
in observance of
Veteran's Day and
Thursday & Friday,
November 27 & 28, for
the Thanksgiving holiday.*



Happy Thanksgiving

SENIOR CENTER CLOSED FOR ACTIVITIES ON TUESDAY, NOVEMBER 4

The Senior/Multi-Use
Center will be closed for
activities on Tuesday,
November 4, as it will
be used as curbside and in
person polling place.



ANNUAL SENIOR CLUB HOLIDAY LUNCHEON TICKETS ON SALE NOW!

Friday, December 5

Doors open at 11 am

Lunch served at 11:30 am

\$20 per Club member;

\$25 per non-Club
member.

Join us and enjoy a
catered lunch and an
afternoon of holiday
cheer. There will be
afternoon

entertainment so please
come join us. Tickets are
available now through
Wednesday, Nov. 26.

See page 6 for details.

DIXON SENIOR CLUB INFORMATION

SENIOR CLUB BOARD MEETING

The monthly Senior Club Board Meeting will be held on Monday, November 3 at 11:00am

SENIOR CLUB DUES ARE DUE IN JANUARY

Annual dues are \$10 per person and are due each January. Members who have not renewed their membership by March 31 will be asked to pay \$12.



If you're a returning member, please update your phone number, address, email, and **emergency contact** with us so we can update our membership directory. Membership information will **ONLY** be used by the Dixon Senior Club and not given to any third party.



ALL ABOUT THE DIXON SENIOR CLUB

The Dixon Senior Club values and appreciates your support. As always, you do not have to be a member of the Dixon Senior Club to participate in activities at the Dixon Senior/Multi-Use Center. But, if you do become a member, your dues help pay for refreshments, special activities, potluck supplies, and more.

Being a member of the Club is a great way to meet new friends and take part in all the activities offered at the Senior Center. If you're a member of the Senior Club currently, **THANK YOU!**

If you're not, won't you please consider being a part of this important Organization?!



DROP-IN SENIOR TECHNOLOGY HELP & LIBRARY SERVICES

Want to read e-books but don't know how? Drop in! Just got an iPhone and need help making it work? Bring it on in! Need an email address and don't know where to start? We're here for you.

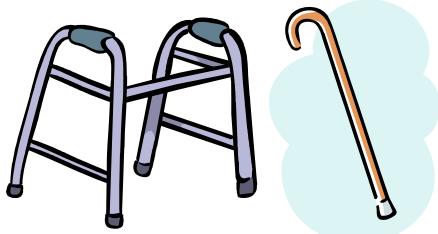
**NOVEMBER 18th
1PM-3PM**

**BRING IN YOUR DEVICE
AND GET TECH HELP AT
THE DIXON
SENIOR/ MULTI-USE
CENTER**

Offered 2nd Tuesday of
each month



MEDICAL EQUIPMENT



Some medical equipment is available at the Center for free rental. We have canes, walkers, shower seats, and other equipment that may be used by Dixon seniors. Call 678-7022 for more information or equipment availability.

SOCIAL SECURITY

Most inquiries and many problems can be handled over the phone by calling 1-800-SSA-1213, toll free, 7:00 a.m. - 7:00 p.m.



CALL 678-5020
TO RESERVE YOUR RIDE
DIXON REDI-RIDE
678-5020

Provides rides within Dixon city limits. Discounted tickets, available for seniors riding to and from the Center, are available at the Senior/Multi-Use Center. Dixon REDI-Ride operates Monday-Friday, 7 a.m. - 5 p.m. (excluding major holidays). The fare for a Senior (62 & older)/disabled passenger is \$2.25 or a day pass for \$4.50.

GOLDEN PASS PROGRAM

Dixon Seniors Age 80 & up can receive a Golden Pass for a free ride for local trips only. All rides must be within City limits and can happen anytime. REDI-Ride is available and open. For more information contact Dixon REDI-Ride at 678-5020 or Transit Supervisor, Vicki Jacobs, at 678-7442.

MEALS ON WHEELS OF SOLANO COUNTY



Meals on Wheels offers home delivered meals to Seniors age 60 & older. Deliveries are made Wednesday & Friday 10:00 a.m. - 1:00 p.m. For more information call **707-425-0638.**

CONGREGATE DINING IS BACK AT THE SENIOR CENTER!

We are excited to work with **Innovative Health Solutions** to provide healthy & nutritious lunches at the Senior Center at **11:30am every Tuesday & Thursday**

Sign-up by calling **(707) 684-4376** so proper portions are cooked. There is a suggested donation of \$4 per meal

ONGOING ACTIVITIES

BINGO

Mondays

12:00-2:00 p.m.

The cost is a nickel per card, per game and all adults are welcome.

We are need of bingo callers as well.



LINE DANCE

EXERCISE CLASS

Join this fun class anytime! Instructors are Joan Giannoni and Sandy Newell. Learn steps and dance to a variety of music all while getting exercise. Tuesdays & Thursdays at 9 a.m.



Learn sewing and craft skills at this informal group.

All are welcome.

MONDAYS, 10 - 11:30 am
in the Arts & Crafts Room



THE OUT TO LUNCH BUNCH

The Out to Lunch Bunch will be going to

Bud's

on Friday, November 14.

Please meet us there at 11:30am or catch a ride with Read-Ride from the Senior Center at 11:15am. A sign up sheet is located on the bulletin board at the Center.



The pools closed for the season starting October 24. We will resume in the spring.

NOVEMBER BIRTHDAYS

Marlene Vega (4)

Daniel Ferrick (6)

Carol Marshall (8)

Garry King (18)

Brenda Carpenter (19)

Angela Remides (20)

Carola Cantrall (22)

Deborah Coffelt (26)

Doreen Weber (27)

Santiago Conanan (29)

Numbers in () signify birthday day.



PUZZLE & BOOK LIBRARY

Did you know we loan out puzzles and books for you to take home and enjoy? We're always getting new donations of used books and puzzles to share. Stop by the Center and see what's available.



Bienvenido

**GRUPO HISPANICO
(HISPANIC GROUP)**

Wednesdays at 10 a.m.

Talk about
current events, play
loteria, and just enjoy the
company of friends.



**LOW IMPACT
FITNESS CLASS**

Tuesdays & Thursdays

***No class until
November 13***

10:30 - 11:30 a.m.

First Class is FREE

10 Class Pass - \$95

5 Class Pass - \$50

Low impact sitting and
standing workouts.
Improve strength,
balance and more.



**DAYLIGHT SAVINGS
TIME ENDS
REMEMBER TO
FALL BACK**

Turn your clock back one
hour before you go to bed
on Saturday, November 1.



**SING-A-LONG
GROUP**

**1st & 3rd Thursdays
12:30pm—2:00pm**



Come join this informal
group to sing well known
tunes. Everyone is
welcome, even if you just
want to stop by and listen
for a while.



**CHRISTMAS CANDY
BINGO**

Monday, December 22

At 12 noon

Bring a bag of your
favorite Christmas
candies. **Candies must be
individually wrapped.**

Chocolate kisses, peanut
butter cups, rolos, mini
chocolate bars and
peppermints are all ideas.
The winner of each game
wins the money pot and
the candy pot.

More info next month.

BUNCO PARTY

Tuesday, November 18

10:00 a.m.

\$2 per person

Sign up at the Center.

**READ, BE READ TO &
MINI ACTIVITY**

This program will resume
in January 2026



DIXON SENIOR CLUB'S ANNUAL



Holiday Luncheon

JOIN US FOR A DAY OF SPECTACULAR CHEER.
ENJOY A TRADITIONAL CATERED LUNCH
AND ENTERTAINMENT.

- Friday, December 5, 2025
at the Senior/Multi-Use Center

11:00 AM DOORS OPEN

11:30 AM LUNCH SERVED

12:00 PM ENTERTAINMENT BEGINS

**THE AFTERNOON'S ENTERTAINMENT WILL
BE EXCITING SO COME CHECK IT OUT**

- \$20 PER PERSON FOR MEMBERS
\$25 PER PERSON FOR NON-MEMBERS

PURCHASE TICKETS BY **WEDNESDAY,
NOVEMBER 26** AT THE SENIOR/MULTI-USE
CENTER.

TICKETS MUST BE PURCHASED IN
ADVANCE, TICKETS WILL NOT BE
SOLD AT THE DOOR.

See you there!

Holiday Lights Tour for Seniors

Friday, December 12, 2025
at 6:00 p.m.
FREE!



Get together with new friends for an old fashioned drive past the City's fantastic display of holiday lights.

Cost \$2 per person

Readi-Ride will pick you up, take you on the tour as well as back to your residence!

To sign up, please call the Senior/Multi-Use Center at 678-7022 by Monday, December 8th.

Be sure to leave your phone number so Readi-Ride can call you to make arrangements for your pick-up.

Hosted by the City of Dixon's Senior Multi-Use Center and Dixon Read-Ride.

Senior Activities - November 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Turn your clock back tonight! 
2	3 Busy Bee's Crafts Senior Club Meeting Bingo	4 	5 Grupo Hispanico	6 Line Dancing Sing-a-long Lunch 11:30a	7 Out to Lunch Bunch Bud's	8
9	10 Busy Bee's Crafts Bingo	11 HOLIDAY Center is closed. 	12 Grupo Hispanico Chair Yoga	13 Line Dancing Adult Fitness Lunch 11:30a	14	15
16	17 Busy Bee's Crafts Chair Yoga Bingo	18 Line Dancing Bunco Tech Help Adult Fitness Lunch 11:30a	19 Grupo Hispanico Chair Yoga	20 Line Dancing Adult Fitness Sing-a-long Lunch 11:30a	21	22
23/30	24 Busy Bee's Crafts Chair Yoga Bingo	25 Line Dancing Adult Fitness Lunch 11:30a	26 Grupo Hispanico Chair Yoga	27 HOLIDAY Center is closed.	28 HOLIDAY Center is closed.	29